

# Lecture 26: Periodic Motion

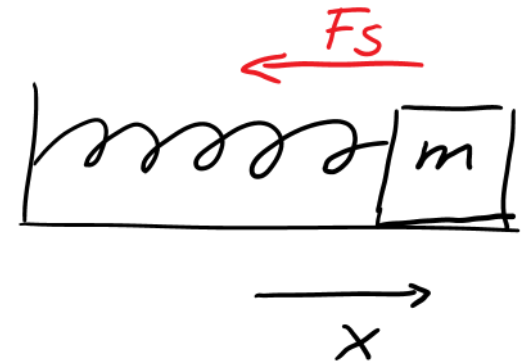
- Motion of a mass at the end of a spring
- Differential equation for simple harmonic oscillation
- Amplitude, period, frequency and angular frequency
- Energetics
- Simple pendulum
- Physical pendulum

# Mass at the end of a spring

Mass  $m$  connected to a spring with spring constant  $k$  on a frictionless surface

$$F_x = -kx$$

Linear restoring spring force



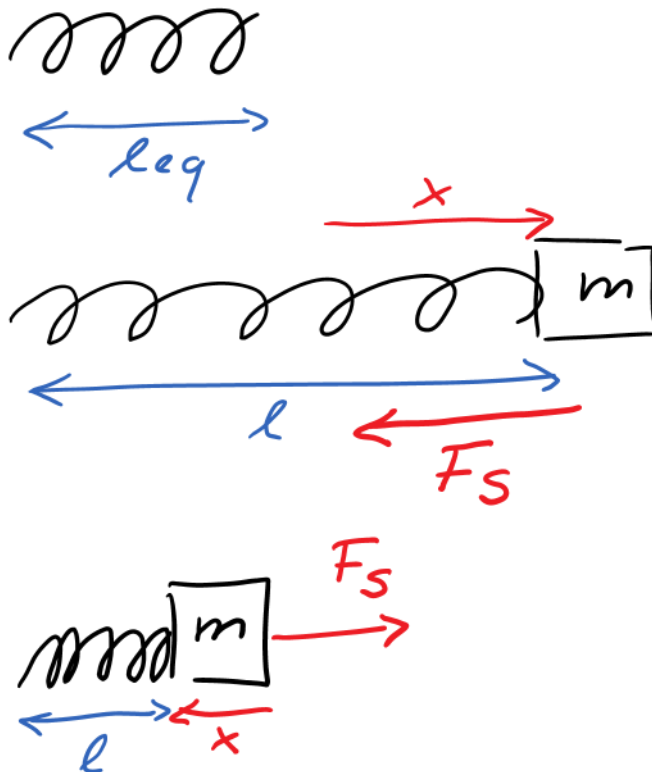
# Spring force

Spring force:  $F_{Sx} = -kx$

$$x = l - l_{eq}$$

stretch or compression

$k$  force constant



$F_x$  is negative if  $x$  is positive  
(stretched spring)

$F_x$  is positive if  $x$  is negative  
(compressed spring)

# Differential equation of a SHO

Newton's 2<sup>nd</sup> Law:  $\sum F_x = ma_x$

$$-kx = m \frac{d^2x}{dt^2}$$

$$-\frac{k}{m}x = \frac{d^2x}{dt^2}$$

$$\frac{d^2x}{dt^2} = -\omega^2 x \quad *$$

$$\omega = \sqrt{\frac{k}{m}}$$

Angular frequency

Differential equation of a  
Simple Harmonic Oscillator

\*We can always write it like this because m and k are positive

## Solution

$$\frac{d^2x}{dt^2} = -\omega^2 x$$

Equation for SHO

General solution:

$$x = A \cos(\omega t + \varphi)$$

Take 2<sup>nd</sup> derivative:  $\frac{d^2x}{dt^2} = -A \omega^2 \cos(\omega t + \varphi) = -\omega^2 x$

$A$  and  $\varphi$ : two “constants of integration” from solution of a *second-order* differential equation.  
Determined by the **initial conditions**.

# Amplitude

$$x = A \cos(\omega t + \varphi)$$

Range of cosine function:  $-1 \dots +1$

$$\Rightarrow -A \leq x(t) \leq +A$$

$A$  = **Amplitude** of the oscillation

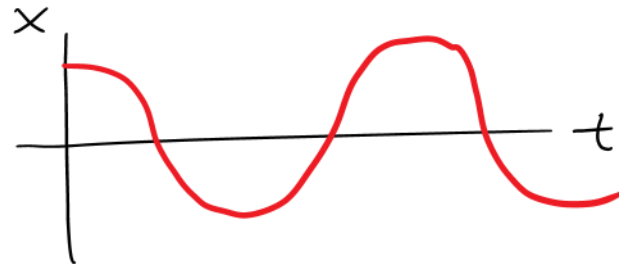
# Phase Constant

$$x = A \cos(\omega t + \varphi)$$

If  $\varphi=0$ :

$$x = A \cos(\omega t)$$

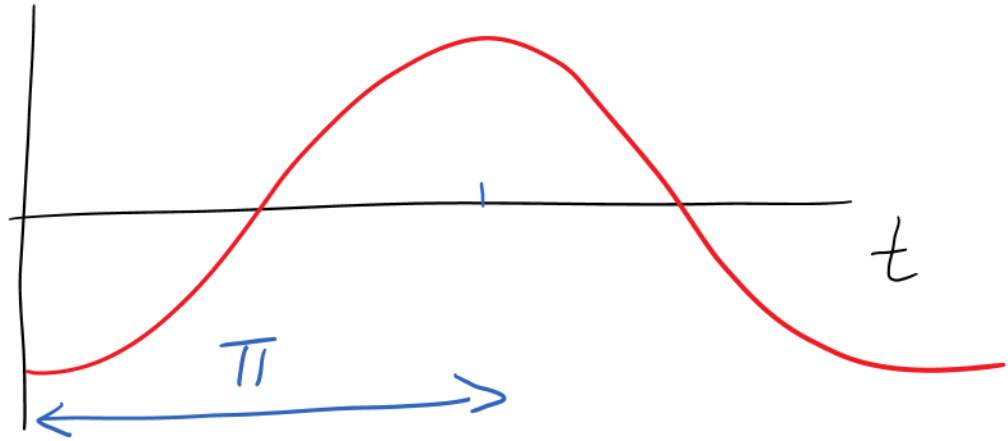
$$x(t = 0) = x_0 = A$$



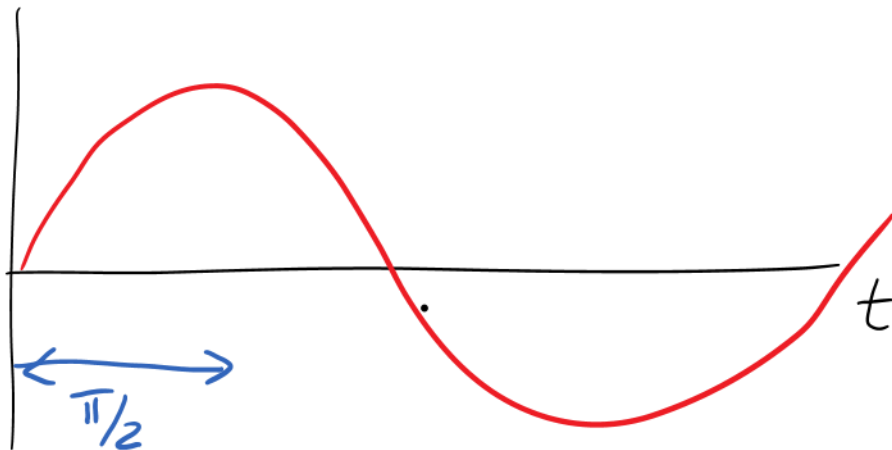
To describe motion with different starting points:  
Add phase constant to shift the cosine function

$$x = A \cos(\omega t + \varphi)$$

$x_0 = -A$  :  
shift by  $\pi$



$x_0 = 0$  :  
shift by  $\frac{\pi}{2}$





## Initial conditions

$$\begin{aligned}x_0 &= x(t = 0) \\v_{x0} &= v_x(t = 0)\end{aligned}$$

$$x_0 = A \cos(0 + \varphi) = A \cos(\varphi)$$

$$v_{x0} = -A\omega \sin(0 + \varphi) = -A\omega \sin(\varphi)$$

→ two equations for  $A$  and  $\varphi$

## Position and velocity

$$x = A \cos(\omega t + \varphi)$$

$$v_x = \frac{dx}{dt} = -A\omega \sin(\omega t + \varphi)$$

$$\text{At time } t_m: x = x_{max} = A \quad \cos(\omega t_m + \varphi) = 1$$

$$(\omega t_m + \varphi) = 0 \text{ or } \pi$$

$$\sin(\omega t_m + \varphi) = 0 \quad \Rightarrow \quad v_x(t_m) = 0$$

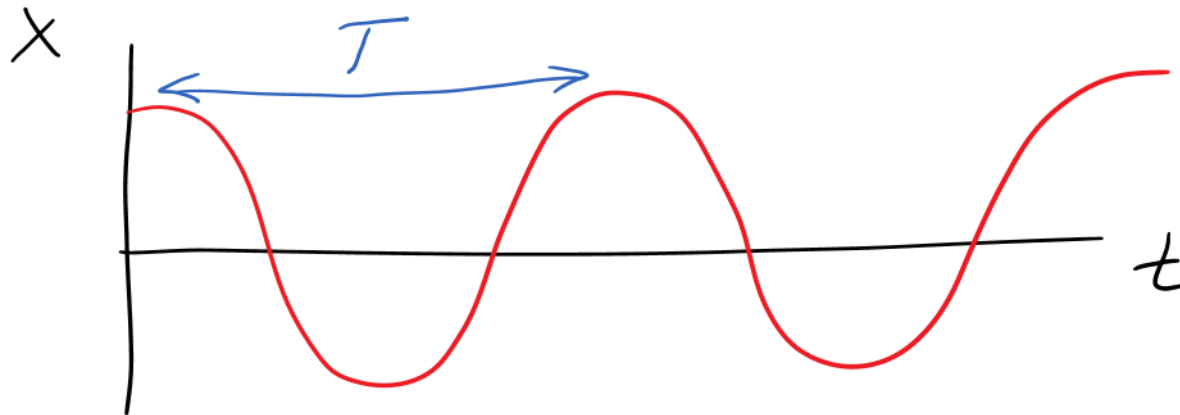
Mass stops and reverses direction when it reaches maximum displacement (turning point)

# Simulation

[Walter Fendt Spring Pendulum Simulation](#)

# Period and angular frequency

$$x = A \cos(\omega t + \varphi)$$



Time  $T$  for one complete cycle: period

$(\omega t + \varphi)$  changes by  $2\pi$  in time  $T$

$$\omega T = 2\pi \quad \Rightarrow \quad \omega = \frac{2\pi}{T} = 2\pi f$$

## Effect of mass and amplitude on period

$$\omega T = 2\pi \Rightarrow T = \frac{2\pi}{\omega}$$

$$\omega = \sqrt{\frac{k}{m}} \Rightarrow T = \frac{2\pi}{\sqrt{\frac{k}{m}}}$$

$$T = 2\pi \sqrt{\frac{m}{k}}$$

Amplitude  $A$  does not appear – no effect on period

Demo: Vertical springs showing effect of  $m$  and  $A$

# Energy in SHO

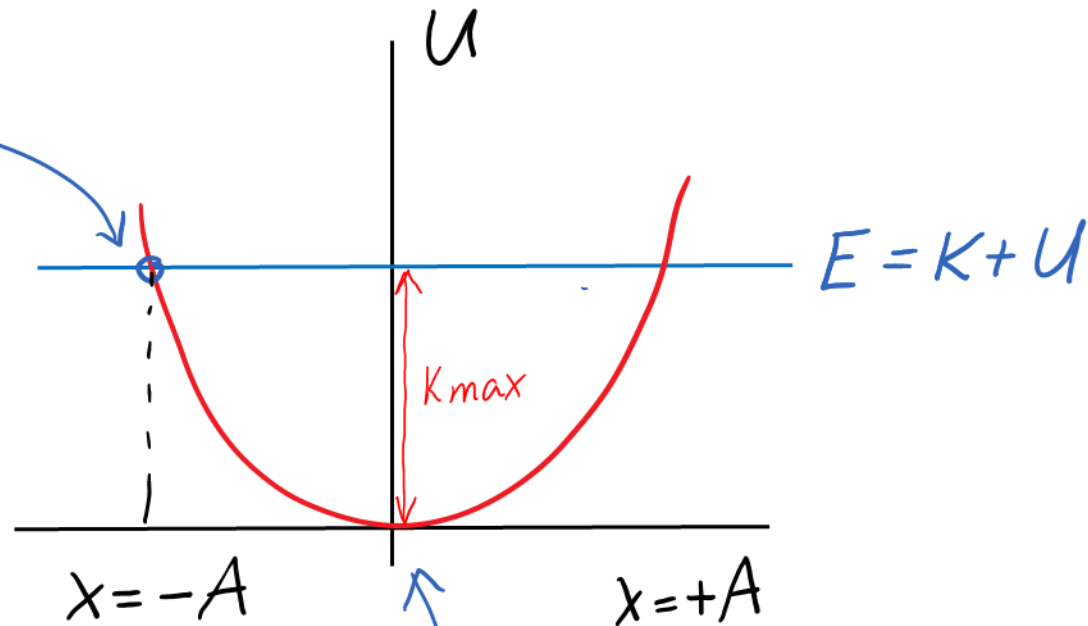
Potential energy of spring force:  $U = \frac{1}{2}kx^2$

at  $x = \pm A$ :

$$U = \frac{1}{2}kA^2$$

$$K = 0$$

$$E = \frac{1}{2}kA^2$$



at  $x = 0$ :

$$U = 0$$

$$K = K_{max} = E$$

## Example

A block of mass  $M$  is attached to a spring and executes simple harmonic motion of amplitude  $A$ . At what displacement(s)  $x$  from equilibrium does its kinetic energy equal twice its potential energy?

# General SHO

$$\frac{d^2 x}{dt^2} = -\omega^2 x$$

Equation for SHO

General solution:

$$x = A \cos(\omega t + \varphi)$$

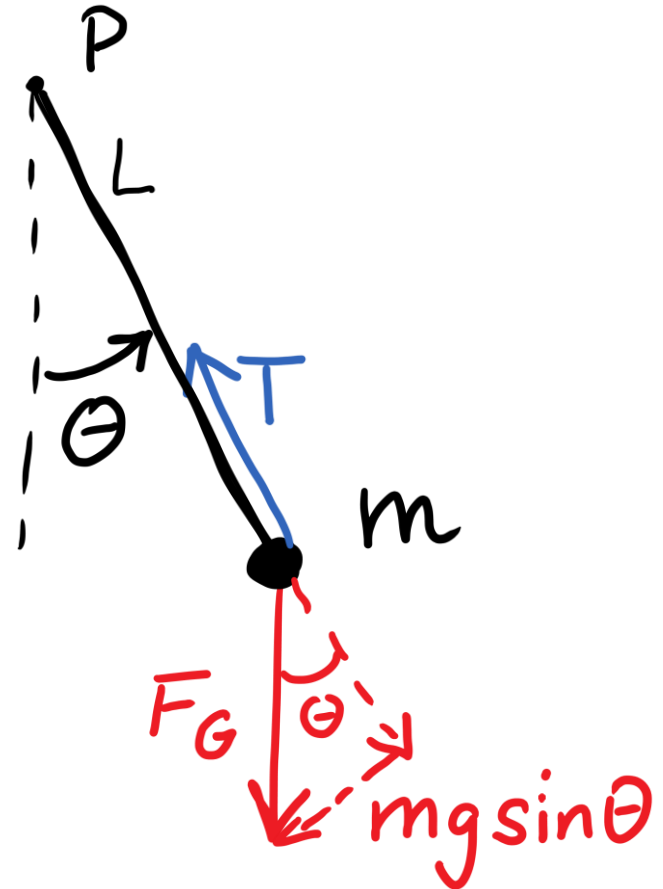
$$T = \frac{2\pi}{\omega}$$



# Simple Pendulum

Point mass  $m$  at the end of a massless string of length  $L$

$\theta$  = displacement coordinate (**with sign**) from vertical equilibrium position



# Simple Pendulum Oscillation

$$\Sigma \tau_z = I \alpha_z$$
$$-mg L \sin\theta = mL^2 \frac{d^2\theta}{dt^2}$$

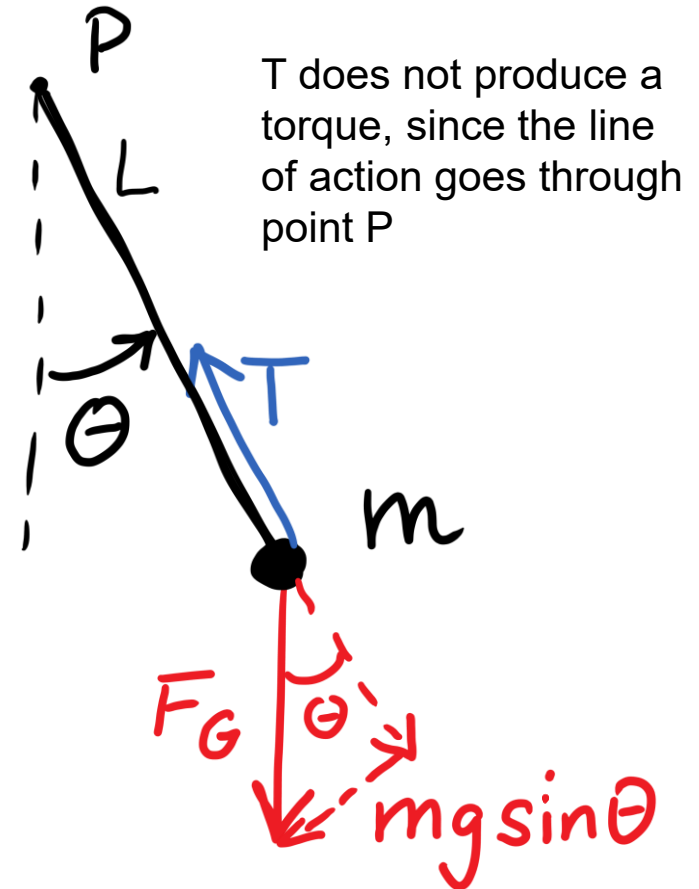
Very complicated differential equation!  
But for small oscillations:

$$\sin\theta \approx \theta$$

And

$$-\frac{g}{L} \theta = \frac{d^2\theta}{dt^2}$$

Differential equation of SHO



# Simple Pendulum Period

$$-\frac{g}{L}\theta = \frac{d^2\theta}{dt^2}$$

Differential equation of simple harmonic oscillator

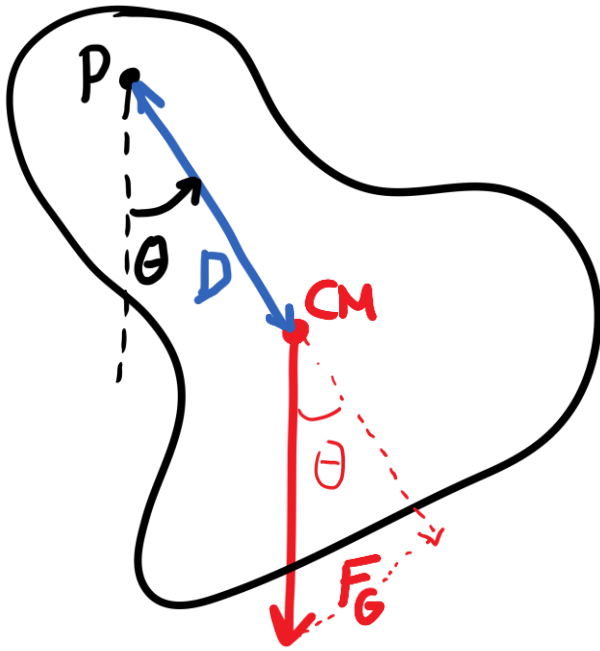
$$\theta(t) = \theta_{max}\cos(\omega t + \varphi)$$

With  $\omega = \sqrt{\frac{g}{L}}$  and

$$T = 2\pi\sqrt{\frac{L}{g}}$$

- Period independent of mass
- Period independent of amplitude

# Physical Pendulum



Extended object of mass  $m$  that swings back and forth about an axis  $P$  that does not go through its center of mass  $CM$ .

$$\begin{aligned}\Sigma \tau_z &= I \alpha_z \\ -mg D \sin \theta &= I \frac{d^2 \theta}{dt^2}\end{aligned}$$

For small oscillations:  $\sin \theta \approx \theta$

$$-\frac{mgD}{I} \theta = \frac{d^2 \theta}{dt^2}$$

# Physical Pendulum Oscillation

$$-\frac{mgD}{I}\theta = \frac{d^2\theta}{dt^2}$$

SHO:

$$\theta(t) = \theta_{max} \cos(\omega t + \varphi)$$

$$\omega = \sqrt{\frac{mgD}{I}}$$

$$T = 2\pi \sqrt{\frac{I}{mgD}}$$

$I$  is moment of inertia about axis P

$D$  is distance between P and CM

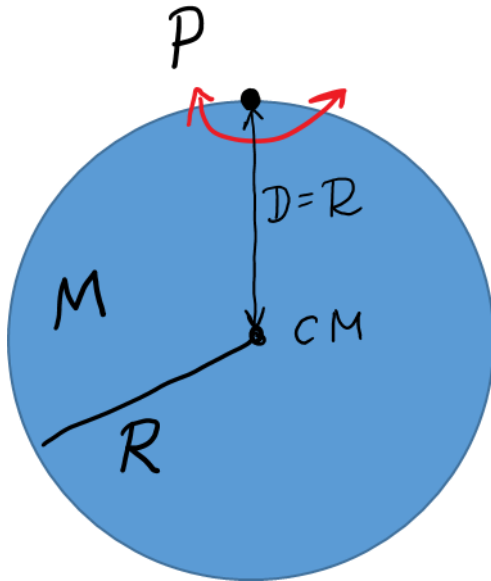
Parallel axis theorem:

$$I_P = I_{CM} + mD^2$$

Demo: Meter stick pivoted at different positions

# PhysicsI Pendulum Example

A uniform disk of mass  $M$  and radius  $R$  is pivoted at a point at the rim. Find the period for small oscillations.



$$T = 2\pi \sqrt{\frac{I}{mgD}}$$

$$I_P = I_{CM} + mD^2$$